

TECHNIQUE

TUMBLING & CHEER PREP

FUSION

ALLSTARS CHEER

Cheer Programs offered at FUSION ALLSTARS CHEER

Technique Tumbling & Cheer Prep Recreational Cheer Classes (Introductory through intermediate classes for those interested in cheerleading, but not wanting to be a part of a competitive program)

- Classes run year round in monthly sessions
- Beginner through intermediate skill levels with an occasional advanced option.
- All Ages and Skill Levels

Fusion Allstars Novice Teams (A great place to start in competitive cheer and also a good step in between intro classes and Prep/Elite teams)

- Shorter Season Competitive Teams (August - February)
- Ages 4yrs & up / - Practice 1 time per week
- Attend 4 regular season competitions within a max 3 hour travel radius
- Evaluation required for all of our Competitive Programs, but everyone makes a team



Fusion Allstars Prep Teams (A stepping stone between Novice Teams (or intro classes) and Elite teams)

- Full Season Competitive Teams (July - April)
- Ages 5yrs & up / - Practice 2 times per week
- Attend 5-6 regular season competitions within a max 3 hour travel radius (*exception potential end of season comp).
- Developing strong tumbling basics
- Evaluation required for all of our Competitive Programs, but everyone makes a team



Fusion Allstars Elite Competitive Cheer (This program is geared towards athletes who are committed to competing at the highest level of competitive cheer at their respective skill level. Athletes will be expected to make a full season commitment and be fully committed to their place on the team.)

- Full Season Competitive Teams - Offering Elite Levels 1 - 4 (June - April)
- Ages 6yrs & up (offering all skill levels)
- Practice 2-3 times per week
- Attend 7-8 regular season competitions and eligible for post season championships such as The Summit at Disney.
- Regular competitions typically within a max 4 hour travel radius
- A tryout is required for our Elite Competitive Program

Main tumbling skills corresponding to Allstar Levels (not an all-inclusive list)

- **Level 1** – Solid & Consistent Back & Front Walkovers
- **Level 2** – Solid & Consistent Back Handspring and FWO-RO-BHS (& multiple BHS)

- **Level 3** – Solid & Consistent FWO-RO-BHS-Back Tuck
- **Level 4.2** – Level 2 Tumbling & Level 4 Stunting
- **Level 4** – Standing Tucks and FWO-RO-BHS-Layouts

To schedule an evaluation for the 2023-2024 season, please click the link above or email us at techniquetumbleandcheer@gmail.com for more information!